### **RESEARCH ARTICLE**

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# Platelet P2Y<sub>1</sub> receptor exhibits constitutive G protein signaling and $\beta$ -arrestin 2 recruitment



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#### **Abstract**

**Background** Purinergic  $P2Y_1$  and  $P2Y_{12}$  receptors ( $P2Y_1$ -R and  $P2Y_{12}$ -R) are G protein-coupled receptors (GPCR) activated by adenosine diphosphate (ADP) to mediate platelet activation, thereby playing a pivotal role in hemostasis and thrombosis. While  $P2Y_{12}$ -R is the major target of antiplatelet drugs, no  $P2Y_1$ -R antagonist has yet been developed for clinical use. However, accumulating data suggest that  $P2Y_1$ -R inhibition would ensure efficient platelet inhibition with minimal effects on bleeding. In this context, an accurate characterization of  $P2Y_1$ -R antagonists constitutes an important preliminary step.

**Results** Here, we investigated the pharmacology of P2Y<sub>1</sub>-R signaling through Gq and  $\beta$ -arrestin pathways in HEK293T cells and in mouse and human platelets using highly sensitive resonance energy transfer-based technologies (BRET/HTRF). We demonstrated that at basal state, in the absence of agonist ligand, P2Y<sub>1</sub>-R activates Gq protein signaling in HEK293T cells and in mouse and human platelets, indicating that P2Y<sub>1</sub>-R is constitutively active in physiological conditions. We showed that P2Y<sub>1</sub>-R also promotes constitutive recruitment of β-arrestin 2 in HEK293T cells. Moreover, the P2Y<sub>1</sub>-R antagonists MRS2179, MRS2279 and MRS2500 abolished the receptor dependent-constitutive activation, thus behaving as inverse agonists.

**Conclusions** This study sheds new light on  $P2Y_1$ -R pharmacology, highlighting for the first time the existence of a constitutively active  $P2Y_1$ -R population in human platelets. Given the recent interest of  $P2Y_{12}$ -R constitutive activity in patients with diabetes, this study suggests that modification of constitutive  $P2Y_1$ -R signaling might be involved in pathological conditions, including bleeding syndrome or high susceptibility to thrombotic risk. Thus, targeting platelet  $P2Y_1$ -R constitutive activation might be a promising and powerful strategy for future antiplatelet therapy.

**Keywords** GPCR, Constitutive signaling, Inverse agonism, MRS2179, P2Y receptor

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#### **Background**

Co-activation of both P2Y1-R and P2Y12-R is necessary for full platelet aggregation by ADP [1]. P2Y<sub>1</sub>-R is responsible for platelet shape change and initiates small and reversible ADP-induced platelet aggregation by triggering Gq-dependent phospholipase C (PLC) activation leading to inositol triphosphate (IP3) production and subsequent calcium release into the cytoplasm [2]. P2Y<sub>12</sub>-R activation results in amplification and stabilization of the aggregation response, through Gi-dependent adenylyl cyclase inhibition and subsequent cyclic adenosine monophosphate (cAMP) decrease [3]. Antiplatelet drugs that target P2Y12-R activation have been extensively developed and are widely used in the treatment and prevention of arterial thrombosis [4, 5], but, by contrast, no selective P2Y<sub>1</sub>-R antagonist have yet been developed for clinical use. One reason for this is that while P2Y<sub>12</sub>-R expression is mostly restricted to platelets, P2Y<sub>1</sub>-R exhibits a broader expression pattern, thereby raising concerns about P2Y1-R inhibition and possible unforeseen outcomes. However, P2Y<sub>1</sub>-R-null mice are viable with no apparent abnormalities, thus suggesting that P2Y<sub>1</sub>-R might be a promising target for the development of antiplatelet drugs. Indeed, platelets from P2Y<sub>1</sub>-R-deficient mice exhibited impaired platelet aggregation in response to ADP and a strong resistance to thrombosis [6, 7]. Moreover, selective inhibition of P2Y<sub>1</sub>-R in rats using P2Y<sub>1</sub>-R antagonists reduced both venous and arterial thrombosis [8]. Importantly, P2Y<sub>1</sub>-R inhibition resulted in only moderate prolongation of the bleeding time [9, 10], making it a good candidate for inhibiting platelet activation with presumably less bleeding outcome while bleeding risk is the major drawback of anti-P2Y<sub>12</sub>-R therapies. Indeed, P2Y<sub>12</sub>-R blockers face some limitations as irreversible platelet inhibition achieved by thienopyridines (clopidogrel, prasugrel) displayed a delayed onset of action and increased the risk of bleeding [11], while reversible binding drugs such as ticagrelor and cangrelor have been recently associated with adverse effects [12, 13].

Recently, the diadenosine tetraphosphate derivative GLS-409 designed to achieve dual inhibition of both  $P2Y_1$ -R and  $P2Y_{12}$ -R was shown to promote potent inhibition of canine coronary artery thrombosis and reversible human platelet inhibition [14, 15]. Thus, developing selective  $P2Y_1$ -R-targeting drugs might be a novel and promising antithrombotic strategy to ensure efficient inhibition of platelet aggregation with a minimal effect on bleeding.

Interestingly, we and others recently demonstrated that P2Y<sub>12</sub>-R exhibited constitutive activity on Gi/o proteins and downstream adenylyl cyclase inhibition in human resting platelets [16, 17]. At resting state,

this constitutive P2Y<sub>12</sub>-R signaling might be essential for platelets to respond rapidly to a vessel injury, by lowering cAMP levels and sensitizing platelets prior to activation. Importantly, P2Y<sub>12</sub>-R constitutive signaling needs to be fine-tuned to ensure proper control of hemostasis since loss of P2Y<sub>12</sub>-R constitutive activity was associated with bleeding syndrome [17] while enhanced P2Y<sub>12</sub>-R constitutive signaling was correlated with platelet hyperactivity in diabetes [18]. Similarly, transgenic mice expressing constitutively active P2Y<sub>12</sub>-R chimera exhibited increased platelet activation and thrombosis [19], highlighting the prothrombotic role of the  $P2Y_{12}$ -R constitutive activity. Therefore, monitoring platelet P2Y<sub>12</sub>-R constitutive activity might be a powerful readout to evaluate the thrombotic status of patients and thus adjust the antiplatelet therapy by balancing the antithrombotic beneficial effects with the bleeding risk. In this context, the identification of inverse agonists might be a promising avenue for the development of new therapeutic molecules able to precisely modulate the constitutive activity of P2Y<sub>12</sub>-R and ultimately prevent thrombosis. Interestingly, many P2Y<sub>12</sub>-R antagonists (AR-C78511, cangrelor, ticagrelor, selatogrel) were indeed described as inverse agonists at P2Y<sub>12</sub>-R constitutive signaling [16-20], suggesting that the clinical benefits of antiplatelet drugs might be directly related to inverse agonism at  $P2Y_{12}$ -R.

Since P2Y<sub>1</sub>-R is a good candidate for inhibiting platelet activation with presumably less bleeding outcome, here we characterized the pharmacological properties of P2Y<sub>1</sub>-R regarding the receptor constitutive activity. We demonstrated that much like P2Y<sub>12</sub>-R on Gi/o protein signaling, P2Y<sub>1</sub>-R exhibited constitutive activity leading to Gq protein activation and downstream PLC/IP3 signaling both in HEK293T cells and in mouse and human resting platelets. In addition to G protein-dependent signaling, we also investigated β-arrestin 2 recruitment as β-arrestin 2 plays a prominent role in platelet GPCR signaling. In marked contrast with P2Y<sub>12</sub>-R, we showed that P2Y<sub>1</sub>-R also displayed constitutive association with β-arrestin 2 in HEK293T cells, highlighting a constitutive recruitment of β-arrestin 2. Interestingly, the P2Y<sub>1</sub>-R antagonists, MRS2179, MRS2279, and MRS2500, acted as an inverse agonist at P2Y1-R by counteracting both constitutive G protein signaling and β-arrestin 2 recruitment to the receptor.

Altogether, our data provide new critical insights toward  $P2Y_1$ -R pharmacological characterization, highlighting for the first time the constitutive activity of this receptor and inverse agonism in resting human platelets. Importantly, the level of agonist-independent  $P2Y_1$ -R and  $P2Y_{12}$ -R basal signaling might be directly correlated

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with the platelet responsiveness and therefore represent a promising readout to evaluate the thrombotic risk.

#### Results

## P2Y<sub>1</sub>-R exhibits constitutive $G\alpha q$ -dependent signaling in HEK293T cells

Since P2Y<sub>12</sub>-R was recently shown to exhibit constitutive activity on Gai/o protein signaling in human resting platelets [16-18], we investigated whether  $P2Y_1$ -R would display ligand-independent activation as well. As previously described [17, 21, 22], using a BRET<sup>2</sup> (bioluminescence resonance energy transfer)-based assay, we directly monitored the basal Gag protein activation by measuring the interaction between Gαq and Gγ2 subunits of the  $G\alpha q\beta 1\gamma 2$  heterotrimer complex. Indeed, this assay is based on the non-radiative transfer between the Renilla reniformis luciferase (RLuc8) energy donor fused to the Gαg protein subunit and the fluorescent GFP2 energy acceptor fused to Gγ2 protein subunit (Fig. 1a). At basal state, in the absence of agonist, the preassembled inactive  $G\alpha q\beta 1\gamma 2$  heterotrimeric complex will favor the detection of a basal BRET signal due to the close proximity between Gαq and Gγ2 protein subunits. By contrast, ligand-independent constitutive receptor activation or agonist-induced receptor activation will promote Gaq/ Gγ2 subunit dissociation, thereby leading to a decrease of the basal BRET signal (Fig. 1a). At basal state, a high basal BRET signal was detected in control cells (pcDNA3.1), indicative of  $G\alpha g/G\gamma 2$  proximity and  $G\alpha g\beta 1\gamma 2$  inactive complex (Fig. 1b). By contrast, at comparable Gaq protein BRET probe expression (Additional File 1: Fig. S1a), expression of P2Y<sub>1</sub>-R promoted a strong and significant decrease of the basal BRET signal, suggesting that P2Y<sub>1</sub>-R constitutively activated Gaq protein (Fig. 1b). To preclude any P2Y<sub>1</sub>-R activation by a passive release of ADP by HEK293T cells, we performed similar experiments in the presence of high concentration of apyrase (0.2U/mL) to degrade any trace of ADP in the medium (Additional File 2: Fig. S2a). Under these conditions, P2Y<sub>1</sub>-R expression still induces a marked and significant decrease of the basal BRET signal compared to control cells (pcDNA3.1), thereby supporting a P2Y<sub>1</sub>-R-dependent constitutive activation of Gαq protein. Surprisingly, ADP only triggered a significant but moderate decrease of the BRET signal (Fig. 1c), indicating a weak Gαq protein activation following P2Y<sub>1</sub>-R stimulation. These results suggested that, in these experimental conditions, P2Y<sub>1</sub>-R exhibited a strong constitutive activity on Gaq protein signaling, thereby narrowing ADP-dependent receptor activation, as previously described for P2Y<sub>12</sub>-R on Gαi/o protein signaling [17]. Interestingly, the constitutive activity is a specific feature of P2Y<sub>1</sub>-R since the basal BRET signal was gradually decreased with increasing cell surface expression of P2Y<sub>1</sub>-R (Additional File 3: Fig. S3a, left panel) while, at

(See figure on next page.)

Fig. 1 P2Y<sub>1</sub>-R constitutively activates Gq protein-dependent signaling in HEK293T cells. a Schematic representation depicting the BRET signal measured at basal state, reflecting the inactive Gqq\beta\172 complex, and resulting from an energy transfer between the energy donor RLuc8 fused to Gaq protein and the energy acceptor GFP2 fused to Gy2 protein. Agonist-induced or constitutive receptor activation will promote G protein activation and dissociation that is reflected by a decrease of the BRET signal. **b** Basal Gag protein activation was evaluated by measuring basal BRET signal in HEK293T cells co-expressing Gaq-RLuc8, GFP2-Gy2, and G $\beta$ 1 in the absence (pcDNA3.1) or in the presence of P2Y<sub>1</sub>-R. Data represent the mean  $\pm$  s.e.m. of six independent experiments and statistical significance between cells expressing P2Y<sub>1</sub>-R or not was assessed using an unpaired t-test (\*\*\*p < 0.001). **c** Gag protein activation was evaluated by measuring BRET signal in HEK293T cells co-expressing Gag-RLuc8, GFP2-Gy2, and G $\beta$ 1 in the absence (pcDNA3.1) or in the presence of P2Y<sub>1</sub>-R, after stimulation or not with ADP (10  $\mu$ M) for 1 min. Results are expressed as the difference in the BRET signal measured in the presence and in the absence of ADP. Data represent the mean  $\pm$  s.e.m. of six independent experiments and statistical significance of ADP-induced BRET modulation between cells expressing P2Y<sub>1</sub>-R or not was assessed using an unpaired t-test (\*p < 0.05). **d** Basal Gqq protein activation was evaluated by measuring basal BRET signal in HEK293T cells co-expressing Gqq-RLuc8, GFP2-Gy2, and G $\beta$ 1 in the absence (0  $\mu$ g) or in the presence of increasing amounts of vectors (ranging from 0.001 to 4  $\mu$ g/dish) encoding AT1-R or  $P2Y_1$ -R. Data represent the mean  $\pm$  s.e.m. of five independent experiments and statistical significance between cells expressing receptors or not  $(0 \mu g)$  was assessed using two-way ANOVA followed by Sidak's post-tests (\*\*\*\*p < 0.0001; ns, not statistically significant). **e** Gaq protein activation was evaluated by measuring BRET signal in HEK293T cells co-expressing Gaq-RLuc8, GFP2-G $\gamma$ 2, and G $\beta$ 1 in the absence (0  $\mu$ g) or in the presence of increasing amounts of vectors encoding P2Y<sub>1</sub>-R (ranging from 0.001 to 4 µg/dish), after stimulation or not with MRS2179 (10 µM) for 1 min. Results are expressed as the difference in the BRET signal measured in the presence and in the absence of MRS2179. Data represent the mean  $\pm$  s.e.m. of seven independent experiments and statistical significance of MRS2179-induced BRET modulation between cells expressing P2Y<sub>1</sub>-R or not (0 µg) was assessed using one-way ANOVA followed by Holm-Sidak's post-tests. (\*\*p < 0.01; \*\*\*\*p < 0.001; ns, not statistically significant). **f** Dose-response curve was performed in HEK293T cells co-expressing Gaq-RLuc8, GFP2-Gy2,  $G\beta1$ , and  $P2Y_1$ -R after stimulation or not with increasing concentrations of MRS2179 for 1 min. Results are expressed as the difference in the BRET signal measured in the presence and in the absence of MRS2179. Data represent the mean ± s.e.m. of five independent experiments. Statistical significance between unstimulated and stimulated cells was assessed by one-way ANOVA followed by Sidak's post-tests (\*p < 0.05; \*\*\*\*p < 0.001; \*\*\*\*p < 0.0001). Maximal efficacy (Emax  $\pm$  s.e.m.) and potency (EC50) and pEC50 ± s.e.m.) of MRS2179 are indicated in the inset. **g** HEK293T cells expressing P2Y<sub>1</sub>-R, P2Y<sub>12</sub>-R, or not (pcDNA3.1) were incubated in the absence (basal) or in the presence of ADP (100 μM), MRS2179 (10 μM), vehicle (DMSO) ,or the Gq inhibitor (100 nM) for 2 h and IP1 accumulation was quantified. Data represent the mean  $\pm$  s.e.m. of five independent experiments and are expressed as IP1 concentration (nM). The statistical comparison between unstimulated (basal or vehicule (DMSO)) and stimulated (ADP, MRS2179, or Gq inhibitor) cells or between cells expressing the different receptors was assessed using two-way ANOVA followed by Bonferroni's or Dunnett's post-tests respectively (\*p < 0.05; \*\*\*\* or \*###p < 0.0001; ns, not statistically significant)

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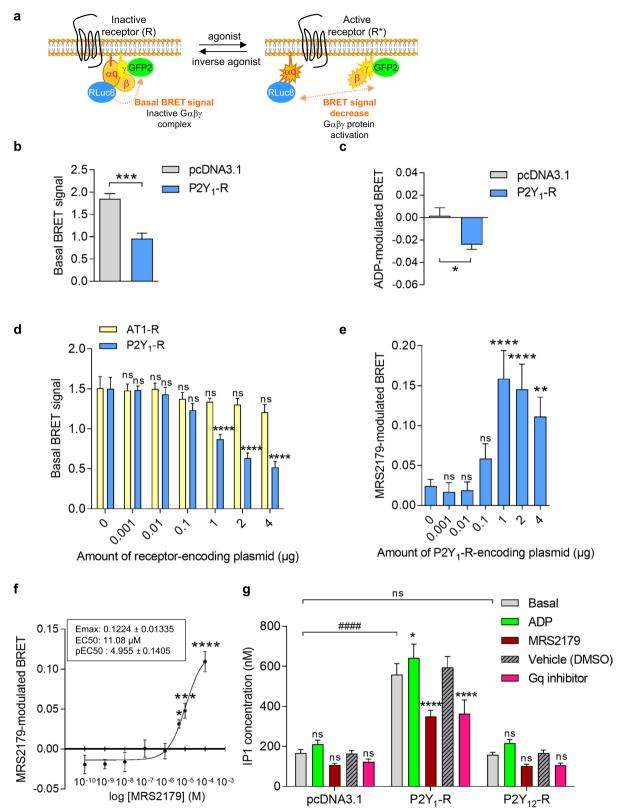


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similar  $G\alpha q$  protein BRET probe expression levels (Additional File 1: Fig. S1b), it was not significantly impacted after increasing plasma membrane expression of another  $G\alpha q$  protein-coupled receptor, the angiotensin II type 1 receptor (AT1-R) (Fig. 1d and Additional File 3: Fig. S3a, right panel). Of note, because  $P2Y_1$ -R and AT1-R were respectively Myc- and HA-tagged and were thus detected using different primary antibodies, their expression at the cell surface cannot be compared between each other's. These results demonstrate that, contrary to AT1-R,  $P2Y_1$ -R displays constitutive activation of  $G\alpha q$  protein in HEK293T cells and that this ligand-independent basal activation correlates with the receptor expression level, in agreement with the well-known receptor expression dependency of GPCR constitutive activity [23].

Since P2Y<sub>12</sub>-R antagonists such as ticagrelor and cangrelor were shown to target the receptor constitutive activity, thereby acting as inverse agonists at  $P2Y_{12}$ -R [16, 17], we then investigated the pharmacological properties of a P2Y<sub>1</sub>-R antagonist, MRS2179 [24], regarding the constitutive activity of P2Y<sub>1</sub>-R on Gαq protein activation. MRS2179 stimulation induced an increase of the BRET signal of G protein biosensors in cells expressing P2Y<sub>1</sub>-R (Fig. 1e), indicating that MRS2179 counteracted the constitutive activation of P2Y<sub>1</sub>-R, thus behaving as an inverse agonist. Indeed, inverse agonists inhibit the constitutive activity of a receptor, by switching the receptor from an active R\* to an inactive R conformational state. Consequently, inverse agonists should be prone to increase the BRET signal between Gαq and Gγ2 BRET biosensors, reflecting  $G\alpha q/G\gamma 2$  reassembly (Fig. 1a) [17, 25]. This inhibition on P2Y<sub>1</sub>-R constitutive activity was dependent on receptor amount since MRS2179-modulated BRET signal increased with cell surface P2Y<sub>1</sub>-R expression level (Fig. 1e and Additional File 3: Fig. S3a, left panel), while Gαq protein BRET probe expression remained constant (Additional File 1: Fig. S1c). Noticeably, MRS2179 exhibited significant inverse agonist efficacy at the highest P2Y<sub>1</sub>-R expression levels (Fig. 1e), in agreement with the Gαq protein constitutive activation detected at similar receptor expression levels (Fig. 1d). To gain more insight into the inverse agonist efficacy of MRS2179 at P2Y<sub>1</sub>-R, we performed a concentration-response curve on  $G\alpha q$ protein activity and observed that MRS2179 exhibited a relatively low potency (EC50 =  $11.08 \mu M$ ) (Fig. 1f).

We then further explored the  $P2Y_1$ -R constitutive activity by monitoring downstream  $G\alpha q$ -dependent signaling in  $P2Y_1$ -R-expressing HEK293T cells (Fig. 1g). Since  $G\alpha q$  protein activation is known to induce PLC activation leading to IP3 and subsequent cytosolic calcium release, we analyzed the constitutive  $G\alpha q$ -dependent  $P2Y_1$ -R signaling by quantifying intracellular inositol monophosphate (IP1) using a monoclonal

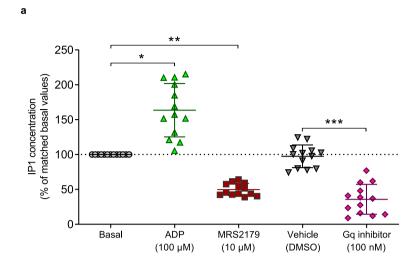
antibody-based competitive ELISA. IP1 is a downstream metabolite of IP3 that accumulates in cells following Gαq protein-coupled receptor activation, making it an ideal readout for Gαq protein-dependent signaling pathways. Interestingly, at basal state, while more expressed than P2Y<sub>1</sub>-R at the plasma membrane (Additional File 3: Fig. S3b), P2Y<sub>12</sub>-R did not impact IP1 levels compared to control cells (pcDNA3.1) while P2Y<sub>1</sub>-R markedly increased IP1 production (Fig. 1g), suggesting a specific constitutive activity of P2Y<sub>1</sub>-R on PLC/IP3 pathway, in agreement with the constitutive activity detected on the G $\alpha$ q protein (Fig. 1b). Once again, this basal P2Y<sub>1</sub>-R-dependent IP1 production cannot be due to the presence of ADP in the medium since it was still detected in P2Y<sub>1</sub>-R expressing cells in the presence of high apyrase concentration (0.2U/ mL), even after 30-min accumulation (Additional File 2: Fig. S2b). Interestingly, IP1 production was slightly but significantly potentiated upon ADP stimulation in cells expressing P2Y<sub>1</sub>-R, suggesting that under these conditions, a part of P2Y<sub>1</sub>-R was still in an inactive R conformation that is sensitive to ADP stimulation, in agreement with the detection of ADP-promoted Gαq protein activation (Fig. 1c). P2Y<sub>1</sub>-R-mediated constitutive IP1 production was strongly inhibited following MRS2179 treatment, thus demonstrating that MRS2179 behaved as an inverse agonist on constitutive Gq/PLC/IP3 signaling (Fig. 1g). Consistently, the plant-derived Gαq inhibitor (FR900359) [26] also significantly reduced the constitutive P2Y<sub>1</sub>-R-dependent IP1 production (Fig. 1g).

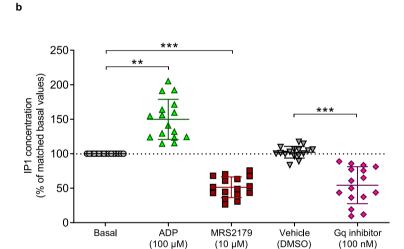
Altogether, these results strongly support that  $P2Y_1$ -R constitutively activates the Gq/PLC-dependent signaling in HEK293T cells and that MRS2179 acts as an inverse agonist on this  $P2Y_1$ -R constitutive signaling (Fig. 1).

## Platelet P2Y<sub>1</sub>-R constitutive signaling is counteracted by MRS2179 inverse agonist

Since our data demonstrated that P2Y<sub>1</sub>-R exhibits constitutive ADP-independent signaling in HEK3293T cells (Fig. 1), we investigated the relevance of such P2Y<sub>1</sub>-R constitutive activity and inverse agonist efficacy of MRS2179 in both murine (Fig. 2a) and human (Fig. 2b) washed platelets, in the presence of apyrase (0.02 U/ mL) to degrade any trace of ADP and indomethacin to prevent thromboxane A2 production. As performed in HEK293T cells, we thus quantified intracellular IP1 levels to monitor Gαq protein-dependent signaling pathways. We observed that MRS2179 decreased IP1 levels, thus behaving as an inverse agonist and thereby demonstrating a basal IP1 production in the absence of agonist. These results indicate the existence of a P2Y<sub>1</sub>-R constitutive activation of  $G\alpha q$  signaling in murine (Fig. 2a) and human (Fig. 2b) resting platelets. P2Y<sub>1</sub>-R constitutive activity was still detected in human platelets incubated

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**Fig. 2** P2Y<sub>1</sub>-R exhibits constitutive signaling in resting mouse and human platelets. **a, b** Washed murine (**a**) or human (**b**) platelets were incubated in the absence (basal, dashed line) or in the presence of ADP (100 μM), MRS2179 (10 μM), vehicle (DMSO), or the Gq inhibitor (100 nM) for 2 h and IP1 accumulation was quantified. Data represent the mean  $\pm$  s.d. of 13 mice (**a**) or 16 healthy donors (**b**) and are expressed as the percentage of matched basal values. The statistical comparison between untreated (basal or vehicle) and treated (ADP, MRS2179 or Gq inhibitor respectively) platelets was assessed using Kruskal-Wallis test followed by Dunn's post-tests (\*p < 0.05; \*\*p < 0.01; \*\*\*p < 0.001)

with higher apyrase concentration (0.2 U/mL), indicating that the basal IP1 production did not result from platelet activation and ADP release (Additional File 4: Fig. S4a). Accordingly, we demonstrated that dense granule exocytosis and ADP release did not occur in washed human platelets since when assessing surface expression of platelet CD63 activation marker in resting and activated platelets, we showed that stimulation with thrombin receptor activating peptide (TRAP) was able to trigger a strong exposure of CD63 at the platelet surface (Additional File 4: Fig. S4b). Consistently with what we observed in P2Y<sub>1</sub>-R expressing HEK293T cells

(Fig. 1g), the basal IP1 production was also inhibited by the  $G\alpha q$  inhibitor in both mouse (Fig. 2a) and human (Fig. 2b) washed platelets. Notably, IP1 production was significantly increased upon ADP stimulation in murine and human platelets, much like in P2Y1-R expressing HEK293T cells, suggesting the existence of two P2Y1-R populations at resting state: one "pre-active" ADP-insensitive receptor population exhibiting constitutive activity and another "inactive" receptor population that is responsive to ADP.

Altogether, these data highlighted the constitutive activity at  $P2Y_1$ -R/Gqq pathways in mouse and human

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resting platelets and demonstrated that MRS2179 displayed inverse agonist efficacy by counteracting P2Y<sub>1</sub>-R-dependent signaling.

#### P2Y<sub>1</sub>-R is constitutively associated with β-arrestin 2

In addition to G protein-dependent signaling, GPCRs elicit  $\beta$ -arrestin-dependent signaling pathways. Since  $\beta$ -arrestin 2 was involved in platelet GPCR desensitization, we then investigated  $\beta$ -arrestin 2 recruitment following P2Y<sub>1</sub>-R activation.

We assessed  $\beta$ -arrestin 2 recruitment to the receptor using BRET¹ assay. The assay measures the interaction between  $\beta$ -arrestin 2 fused to the Renilla reniformis luciferase (RLuc) energy donor and the receptor fused to fluorescent Venus energy acceptor (Fig. 3a). The recruitment of cytosolic  $\beta$ -arrestin 2 to the receptor at the plasma membrane in the presence of an agonist will promote a significant increase of the BRET signal compared to the basal state, reflecting the close proximity between the  $\beta$ -arrestin 2 energy donor and the receptor energy acceptor [22].

Interestingly, at basal state, we detected a significant BRET signal between  $P2Y_1$ -R-Venus and  $\beta$ -arrestin 2-RLuc, indicating that  $P2Y_1$ -R and  $\beta$ -arrestin 2 are already associated prior any agonist stimulation (Fig. 3b), thus demonstrating the constitutive activity of  $P2Y_1$ -R on  $\beta$ -arrestin 2 pathway. Conversely, in similar conditions,  $P2Y_{12}$ -R did not exhibit such a constitutive interaction with  $\beta$ -arrestin 2. As observed for  $P2Y_1$ -R-dependent constitutive Gq protein activation (Additional File 2: Fig. S2a), the basal interaction between  $P2Y_1$ -R—but not  $P2Y_{12}$ -R—and  $\beta$ -arrestin 2 was also detected in the presence of high concentration of apyrase (Additional File 5: Fig. S5), thereby precluding any ADP-dependent  $\beta$ -arrestin 2

recruitment at P2Y<sub>1</sub>-R due to ADP release in the medium. To further confirm the specificity of P2Y<sub>1</sub>-R/β-arrestin 2 constitutive interaction, we performed BRET saturation curves in HEK293T cells co-expressing a fixed amount of the energy donor β-arrestin 2-RLuc and an increasing amount of the energy acceptor P2Y1-R-Venus. We detected a basal BRET signal between P2Y1-R-Venus and β-arrestin 2-RLuc that increased hyperbolically and saturated at high P2Y<sub>1</sub>-R-Venus concentration, thus demonstrating the specificity of the BRET signal (Fig. 3c). By contrast, a very weak BRET signal was detected when experiments were performed with P2Y<sub>12</sub>-R-Venus or soluble Venus as a negative control. This BRET signal is independent of the Venus expression level leading to linear curves, most likely reflecting bystander, nonspecific BRET signal (random collision) (Fig. 3c).

Surprisingly, in cells expressing P2Y<sub>1</sub>-R or P2Y<sub>12</sub>-R, ADP stimulation did not trigger β-arrestin 2 recruitment (Fig. 3d). By contrast and as expected, in AT1-R-expressing cells, Angiotensin II (AngII) promoted a time-dependent  $\beta$ -arrestin 2 recruitment (Fig. 3e). Importantly, MRS2179 significantly decreased the BRET signal between P2Y<sub>1</sub>-R-Venus and β-arrestin 2-RLuc, but not with P2Y<sub>12</sub>-R, reflecting a dissociation between P2Y<sub>1</sub>-R and  $\beta$ -arrestin 2 and thus demonstrating that MRS2179 behaved as a specific inverse agonist at P2Y<sub>1</sub>-R on the  $\beta$ -arrestin 2 recruitment (Fig. 3f). To further characterize the inverse agonist potency of MRS2179 at P2Y<sub>1</sub>-R, we performed a concentration-response curve on β-arrestin 2 recruitment and observed that much like on Gαq signaling (Fig. 1f), MRS2179 exhibited a low potency in the micromolar range (EC50 =  $4.561 \mu M$ ) (Fig. 3g).

(See figure on next page.)

Fig. 3 P2Y<sub>1</sub>-R triggers constitutive recruitment of  $\beta$ -arrestin 2. a Schematic representation depicting the BRET signal measured between  $\beta$ -arrestin 2 fused to the energy donor RLuc and the receptor fused to the energy acceptor Venus. The recruitment of  $\beta$ -arrestin 2 to the receptor in the presence of an agonist will promote an increase of the BRET signal compared to the basal state as the proximity between the  $\beta$ -arrestin 2 energy donor and the receptor energy acceptor increased. **b** Basal BRET signal was evaluated in HEK293T cells expressing  $\beta$ -arrestin 2-RLuc alone (pcDNA3.1) or in the presence of  $P2Y_1$ -R-Venus, or  $P2Y_{12}$ -R-Venus. Data represent the mean  $\pm$  s.e.m. of five independent experiments and statistical significance between cells expressing receptors or not was assessed using one-way ANOVA followed by Dunnett's post-tests (\*\*\*p < 0.001; ns, not statistically significant). **c** Basal BRET signal was measured in HEK293T cells co-expressing a fixed amount of β-arrestin 2-RLuc and increasing amounts of P2Y<sub>1</sub>-R-Venus, P2Y<sub>12</sub>-R-Venus, or Venus. Results are expressed as the Net BRET and were analyzed by nonlinear regression on a pooled data set from five independent experiments assuming a model with one-site binding.  $\mathbf{d} - \mathbf{f} \beta$ -arrestin 2 recruitment was evaluated by monitoring BRET signal in HEK293T cells co-expressing  $\beta$ -arrestin 2-RLuc and P2Y<sub>1</sub>-R-Venus, P2Y<sub>12</sub>-R-Venus, or AT1-R-Venus, after stimulation or not with ADP (10 μM) (d), Angll (10 μM) (e), or MRS2179 (10 μM) (f) for 5 min. The 2 first minutes represent the BRET signal at basal state, before injecting the ligand. Results are expressed as the Net BRET and data represent the mean  $\pm$  s.e.m. of five independent experiments. **g** Dose-response curve was performed in HEK293T cells co-expressing β-arrestin 2-RLuc and P2Y<sub>1</sub>-R-Venus after stimulation or not with increasing concentrations of MRS2179 for 15 min. Results are expressed as the difference in the BRET signal measured in the presence and in the absence of MRS2179. Data represent the mean  $\pm$  s.d. of six independent experiments. Statistical significance between unstimulated and stimulated cells was assessed by Friedman test followed by Dunn's post-tests (\*\*p < 0.01; \*\*\*\*p < 0.001; \*\*\*\*p < 0.0001). Maximal efficacy (Emax) and potency (EC50 and pEC50  $\pm$  s.e.m.) of MRS2179 are indicated in the inset.  $\mathbf{h}$   $\beta$ -arrestin 2 recruitment was evaluated by monitoring BRET signal in HEK293T cells co-expressing  $\beta$ -arrestin 2-RLuc and decreasing amounts of vectors encoding P2Y<sub>1</sub>-R-Venus after stimulation or not with ADP (10 μM) or MRS2179 (10 μM) for 15 min. Results are expressed as the difference in the BRET signal measured in the presence and in the absence of ligand. Data represent the mean  $\pm$  s.e.m. of five independent experiments. Statistical significance between unstimulated and stimulated cells was assessed using a paired t-test (\*\*p < 0.01; \*\*\*p < 0.01; \*\*\*p < 0.01; \*\*\*\*p < 0.01; \* 0.001; ns, not statistically significant)

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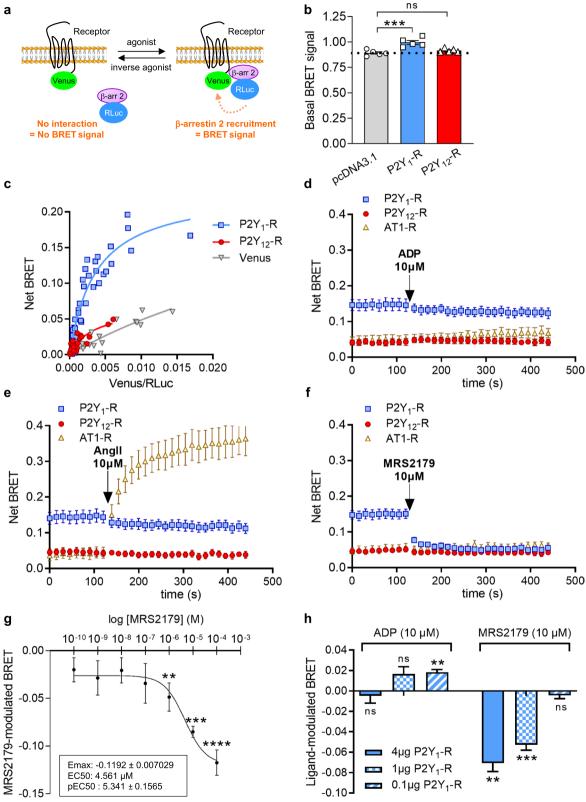
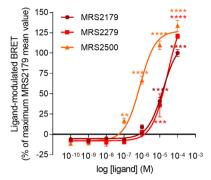


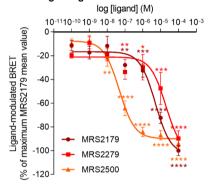
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#### a - G protein signaling



#### **b**- β-arrestin 2 signaling



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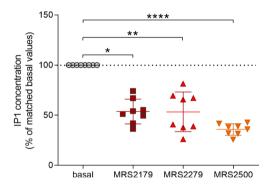


Fig. 4 P2Y<sub>1</sub>-R antagonists behave as inverse agonists. a Dose-response curve was performed in HFK293T cells co-expressing Gαq-RLuc8, GFP2-Gγ2, Gβ1, and P2Y<sub>1</sub>-R after stimulation or not with increasing concentrations of MRS2179, MRS2279, or MRS2500 for 1 min. Results are expressed as the difference in the BRET signal measured in the presence and in the absence of ligand and are normalized to the mean value of maximal MRS2179 response. Data represent the mean  $\pm$  s.e.m. of six independent experiments. Statistical significance between unstimulated and stimulated cells was assessed by one-way ANOVA followed by Sidak's post-tests (\*\*p < 0.01; \*\*\*\*p < 0.001; \*\*\*\*\*p < 0.0001). **b** Dose-response curve was performed in HEK293T cells co-expressing β-arrestin 2-RLuc and P2Y<sub>1</sub>-R-Venus after stimulation or not with increasing concentrations of MRS2179, MRS2279, or MRS2500 for 15 min. Results are expressed as the difference in the BRET signal measured in the presence and in the absence of ligand and are normalized to the mean value of maximal MRS2179 response. Data represent the mean  $\pm$  s.e.m. of five independent experiments. Statistical significance between unstimulated and stimulated cells was assessed by one-way ANOVA followed by Sidak's post-tests (\*p < 0.05; \*\*p < 0.01; \*\*\*p < 0.001; \*\*\*\*p< 0.0001). **c** Washed human platelets were incubated in the absence (basal) or in the presence of MRS2179 (10  $\mu$ M), MRS2279 (10  $\mu$ M), or MRS2500 (10  $\mu$ M) for 2 h and IP1 accumulation was quantified. Data represent the mean  $\pm$  s.d. of 8 healthy donors and are expressed as the percentage of matched basal values. The statistical comparison was assessed using Kruskal-Wallis test followed by Dunn's post-tests (\*p < 0.05; \*\*p < 0.01; \*\*\*\*p < 0.0001)

Since GPCR constitutive activity is known to correlate with receptor expression level (Fig. 1d-e), we then monitored β-arrestin 2 recruitment in cells expressing decreasing amount of P2Y<sub>1</sub>-R. We found that decreasing receptor expression unveiled a significant agonist efficacy of ADP on β-arrestin 2 recruitment, with a concomitant loss of the inverse agonist efficacy of MRS2179 (Fig. 3h). Thus, decreasing receptor expression level while keeping constant β-arrestin 2-RLuc probe expression (Additional File 6: Fig. S6a)—switched P2Y<sub>1</sub>-R from a constitutive active R\* state targeted by MRS2179 to an inactive R and agonist-sensitive state, as reflected by the decrease of the basal BRET signal between P2Y<sub>1</sub>-R-Venus and β-arrestin 2-RLuc (Additional File 6: Fig. S6b). Accordingly, and in agreement with what we observed with ADP stimulation (Fig. 3h), the potent purinergic agonist 2-methylthioadenosine diphosphate (2MeSADP) only promoted β-arrestin 2 recruitment in cells expressing low levels of P2Y<sub>1</sub>-R (Additional File 6: Fig. S6c).

Altogether, these results strongly supported that at basal state, and at high expression level, P2Y<sub>1</sub>-R displayed a constitutive activation of  $\beta$ -arrestin 2 signaling and that MRS2179 behaved as an inverse agonist to counteract receptor-dependent constitutive  $\beta$ -arrestin 2 recruitment.

#### P2Y<sub>1</sub>-R antagonists behaved as inverse agonists

We further deeply depicted the pharmacological signature of P2Y<sub>1</sub>-R by testing two other receptor antagonists.

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**Table 1** Maximal efficacies (Emax) and potencies (EC50) of MRS2179, MRS2279 and MRS2500 on P2Y $_1$ -R-dependent Gαq protein activation and β-arrestin 2 recruitment

#### G protein signaling $Emax \pm s.e.m.$ EC50 (M) pEC50 $\pm$ s.e.m. MRS2179 $115.7 \pm 5.057$ 1.525e-005 $4.817 \pm 0.0671$ MRS2279 $154.3 \pm 13.86$ 2.638e-005 $4.579 \pm 0.1247$ MRS2500 $127.2 \pm 3.892$ 7.716e-007 $6.113 \pm 0.07237$ **β-Arrestin 2 signaling** $Emax \pm s.e.m$ EC50 (M) pEC50 $\pm$ s.e.m $5.296 \pm 0.153$ $-103.3 \pm 6.549$ MRS2179 5.055e-006 MRS2279 $-102.8 \pm 14.98$ 1.943e-005 $4.712 \pm 0.2838$ MRS2500 $-89.95 \pm 2.887$ 4.755e-008 $7.323 \pm 0.1193$

Data were obtained from experiments shown in Fig. 4a, b and represent the Emax  $\pm$  s.e.m, EC50 (M), and pEC50  $\pm$  s.e.m. on P2Y1-R-dependent Gaq protein and  $\beta$ -arrestin 2 constitutive signaling

Thus, we explored the pharmacological properties of MRS2279 and MRS2500 and compared to MRS2179 by performing new concentration-response curve experiments on both Gaq protein activity and  $\beta$ -arrestin 2 recruitment in HEK293T cells. We observed that like MRS2179, the two P2Y<sub>1</sub>-R antagonists MRS2279 and MRS2500 behaved as inverse agonists on both P2Y<sub>1</sub>-R-dependent constitutive Gaq protein (Fig. 4a) and  $\beta$ -arrestin 2 (Fig. 4b) signaling.

In particular, we observed that although the three compounds displayed comparable maximal efficacy (Emax) on both constitutive Gaq protein activation and  $\beta$ -arrestin 2 recruitment, MRS2500 exhibited a greater potency than MRS2179 and MRS2279 (Table 1). Noteworthy, while MRS2179 had comparable potencies on both Gaq protein and  $\beta$ -arrestin 2 signaling, MRS2500 appeared to be more potent on  $\beta$ -arrestin 2 signaling than on Gaq protein signaling (Table 1), indicating that MRS2500 behaved as a biased inverse agonist compared to MRS2179.

Altogether, these results demonstrated the different pharmacological signatures of the three molecules at  $P2Y_1$ -R constitutive activity.

Importantly, we also validated the physiological relevance of those results in human washed platelets and showed that as observed for MRS2179, MRS2279, and MRS2500 also exhibited inverse agonist efficacy on P2Y1-R-dependent constitutive G $\alpha$ q signaling in human platelets with physiological expression levels of both endogenous P2Y1-R and G proteins (Fig. 4c).

#### **Discussion**

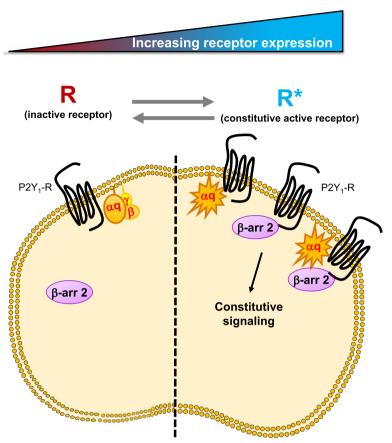
In this study, we demonstrated for the first time the constitutive P2Y<sub>1</sub>-R signaling on PLC/IP3 pathway and the inverse agonist efficacy of MRS2179 in both HEK293T cells and mouse and human resting platelets.

Interestingly, P2Y<sub>12</sub>-R, another ADP receptor playing a key role in platelet aggregation, also displayed constitutive signaling in human platelets [16, 17], emphasizing the importance of basal activation of ADP receptors in platelet physiology. As already suggested for constitutive P2Y<sub>12</sub>-R/Gi/o activation, we can speculate that at resting state, platelets already exhibit basal "low noise" P2Y<sub>1</sub>-R/Gq signaling that could not initiate *per se* platelet activation but that would ensure a rapid response to vascular injury.

Moreover, we showed that P2Y<sub>1</sub>-R—but not P2Y<sub>12</sub>-R also exhibited constitutive interaction with  $\beta$ -arrestin 2. β-arrestins are key players of GPCR function and were primarily proposed to turn off GPCR signaling by triggering receptor desensitization and internalization [27]. Further studies then reported that  $\beta$ -arrestins also acted as signal transducers by scaffolding signaling complexes leading to the activation of signaling pathways, including MAPK signaling [28]. Therefore, constitutive basal P2Y<sub>1</sub>-R/β-arrestin 2 interaction could ultimately regulate receptor internalization and therefore affect receptor intracellular location and signaling capabilities. While the role of P2Y<sub>1</sub>-R/Gq signaling was well described in platelet aggregation and closely related to shape change through an increase in intracellular calcium triggered by Gq/PLC activation, the  $\beta$ -arrestin 2 signaling was contrastingly poorly documented. Recently, β-arrestins were described as negative regulators of GPCR signaling, acting like a brake on platelet aggregation [29]. In the literature, conflicting reports described either β-arrestin-dependent or β-arrestin-independent P2Y-R internalization and/or desensitization. Thus, Mundell and colleagues failed to observe β-arrestin 2 recruitment in P2Y<sub>1</sub>-R-expressing cells following ADP stimulation but showed an ADPinduced  $\beta$ -arrestin 2 translocation at P2Y<sub>12</sub>-R [30, 31]. In marked contrast, P2Y<sub>1</sub>-R was shown to promote ADPinduced β-arrestin 2 recruitment to the plasma membrane while P2Y<sub>12</sub>-R did not [32]. These discrepancies between different studies might be directly related to P2Y<sub>1</sub>-R expression level. Indeed, as already reported in the literature [23], GPCR constitutive activity is known to rise as a function of increasing receptor expression. Accordingly, we demonstrated here that increasing P2Y<sub>1</sub>-R expression triggered a constitutive association of the receptor with  $\beta$ -arrestin 2, precluding ADP-induced β-arrestin 2 recruitment while decreasing P2Y<sub>1</sub>-R expression had an opposite effect, balancing the receptor equilibrium towards an inactive population responding to agonist stimulation and promoting β-arrestin 2 recruitment (Figs. 3h and 5 and Additional File 6: Fig. S6c).

So far, whether the constitutive  $P2Y_1$ -R activation on both G protein and  $\beta$ -arrestin 2 pathways relies solely on a unique receptor population or two separate ones

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**Fig. 5** P2Y<sub>1</sub>-R constitutive activity depends on receptor expression level. Increasing P2Y<sub>1</sub>-R expression switched the receptor equilibrium from an inactive R conformation to an active R\* conformation, thereby promoting a constitutive activation of Gq protein signaling as well as constitutive recruitment of β-arrestin 2, and precluding ADP-induced signaling. By contrast, decreasing P2Y<sub>1</sub>-R expression had an opposite effect, balancing the receptor equilibrium towards an inactive R state responding to agonist stimulation

still remains an open question. Thus, understanding the molecular basis of constitutively active P2Y<sub>1</sub>-R appears as a tremendous challenge to decipher the role of basal P2Y<sub>1</sub>-R signaling in platelet activation. One may envision that constitutive P2Y-R activity was associated with some receptor populations physically restricted to special membrane domains. GPCR organization at the cell surface relies on a dynamic equilibrium between monomers, dimers, and high-order oligomers [33]. Over the past years, a growing body of evidence reported that oligomerization could influence membrane expression, trafficking, and functional activity of GPCR, sometimes even generating novel pharmacological and signaling properties [34]. More recently, CXCR4 dimerization was closely linked to its basal activity [35]. A CXCR4 mutant displaying no basal activity was monomeric, supporting a positive correlation between CXCR4 basal signaling and dimeric organization. Interestingly, inverse agonists efficiently reduced CXCR4 basal activity but also abolished receptor dimerization [36].

In living cells, P2Y<sub>1</sub>-R and P2Y<sub>12</sub>-R exist as different oligomeric states and are capable to form not only homo-oligomers but also hetero-oligomers [37, 38]. Since previous studies demonstrated reciprocal crosstalk between P2Y<sub>1</sub>-R and P2Y<sub>12</sub>-R signaling [39], one can suggest that P2Y<sub>1</sub>-R/P2Y<sub>12</sub>-R dimers or oligomers could regulate basal constitutive activation of both receptors to fine-tune the purinergic signaling in platelets.

Furthermore, an increasing number of studies suggests that membrane components—i.e. lipids—surrounding GPCR may modulate receptor oligomeric states and thus possibly regulate basal receptor signaling [40]. P2Y<sub>1</sub>-R and P2Y<sub>12</sub>-R partitioned, at least in part, into cholesterolenriched raft domains [37, 41]. Interestingly, in vivo clopidogrel treatment mostly converted P2Y<sub>12</sub>-R oligomers into dimers that partitioned outside the lipid rafts in freshly isolated platelets [37]. In contrast to cangrelor and ticagrelor, it is not known if clopidogrel behaves as an inverse agonist at P2Y<sub>12</sub>-R/Gi/o signaling, but it is tempting to speculate that ADP receptors inserted into

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raft domains undergo conformational constraints favoring oligomerization and constitutive activity. Inverse agonists including antiplatelet drugs could then inhibit basal receptor activation, by releasing GPCR out of these domains, possibly by disrupting oligomerization. In this context, inverse agonists might be an interesting field for future investigations to develop new therapeutic molecules able to modulate selectively the constitutive activity of P2Y receptors.

The physiological relevance of GPCR constitutive activity was unveiled in many biological processes as alterations of agonist-independent receptor signaling were associated with various diseases [42]. Accordingly, P2Y<sub>12</sub>-R displayed increased expression and constitutive activation in subjects with diabetes mellitus that exhibit platelet hyperactivity and high thrombotic risk [18]. By contrast, the bleeding syndrome-related R122C mutation of P2Y<sub>12</sub>-R correlated with a loss of constitutive receptor signaling [17]. Hence, monitoring P2Y<sub>12</sub>-R as well as P2Y<sub>1</sub>-R constitutive activation might be an early marker of platelet hyper-reactivity—usable in clinical practice that could be directly associated with the bleeding or thrombotic risks. This should be particularly pertinent for the prediction/management of thrombosis in elderly patients as age-related diseases, including cardiovascular diseases, type 2 diabetes and Alzheimer's disease, are associated with dysregulated platelet functions, platelet hyperactivity, enhanced aggregation, and/or increased risk of thrombotic events [43-45]. In this context, the reclassification of P2Y<sub>1</sub>-R antagonists into inverse agonists could have important pharmacological and therapeutic applications.

Apart from platelets, P2Y<sub>1</sub>-R also achieved many additional roles in other cell types, and particularly throughout the brain in neurons, astrocytes, and microglia. Interestingly, astrocyte hyperactivity, which is an important contributor to neuronal-glial network dysfunction in Alzheimer's disease, was driven by enhanced P2Y1-R expression and activity [46]. Importantly, P2Y<sub>1</sub>-R inhibition with MRS2179 restored network homeostasis and protected from the decline of spatial learning and memory in an Alzheimer's disease mouse model [47], thereby highlighting P2Y<sub>1</sub>-R as a novel target in the treatment of Alzheimer's disease. Similarly, in epileptic models, brain P2Y<sub>1</sub>-R expression is increased [48] and correlated with an abnormal pattern of intracellular calcium oscillations. In this model, P2Y<sub>1</sub>-R antagonists normalize the duration of astroglial calcium oscillations and protect against seizure-induced cortical damages [48, 49]. Although those defects of intercellular calcium waves were primarily attributed to a release of P2Y<sub>1</sub>-R agonist both in Alzheimer's disease and in epilepsy, we cannot exclude that such modifications of P2Y<sub>1</sub>-R expression levels can directly affect basal signaling of the receptor. Indeed, neuronal dysfunction and astrocyte hyperactivity might be directly linked to a detrimental increased  $P2Y_1$ -R expression, and consequently enhanced basal  $P2Y_1$ -R/Gq signaling, that would be responsible, at least in part and independently of agonist stimulation, for the increase in spontaneous astroglial calcium events. In this context, basal  $P2Y_1$ -R constitutive activity could be an important feature to evaluate in the receptor pharmacological signature as it could unexpectedly contribute to disease pathogenesis.

#### **Conclusions**

In recent years, the understanding of GPCR pharmacology and ligand efficacy opened up new avenues for GPCR drug discovery strategies. In particular, accumulating data have provided unequivocal evidences for the physiological relevance of the ligand-independent constitutive activation of GPCR and demonstrated the therapeutic value of modulating the constitutive activity by inverse agonists. In the case of the  $P2Y_{12}$  receptor, its constitutive activation started to gain interest since it was associated with high thrombotic risk when enhanced in diabetes patients or correlated with bleeding syndrome when abolished.

Here, we demonstrated that  $P2Y_1$ -R also exhibits constitutive signaling in human platelets and that MRS2179, MRS2279 and MRS2500 behave as inverse agonists. Since this ligand-independent  $P2Y_1$ -R constitutive activity is closely related to receptor expression level, monitoring  $P2Y_1$ -R expression and constitutive activation could be a promising readout to evaluate the thrombotic risk in platelets and also in other cell types as  $P2Y_1$ -R functions in a broad range of tissues. In the future, the development of selective inverse agonists of  $P2Y_1$ -R might be a powerful strategy for antiplatelet therapy as well as for treatments for neurodegenerative disorders.

#### **Methods**

#### Materials

Human P2Y<sub>1</sub>-R (NCBI Reference Sequence: NM\_002563.2) and P2Y<sub>12</sub>-R (NCBI Reference Sequence: NM\_022788.3) were fused to double Myc epitope and rat AT1-R (NCBI Reference Sequence: NM\_030985.4) to HA tag in N-terminus extracellular region. Alternatively, receptors were also fused to Venus tag in C-terminus intracellular region. Plasmids encoding  $G\alpha q$ -RLuc8, GFP2-Gy2 and untagged  $G\beta1$  were previously described [17, 21, 22]. ADP was purchased from Sigma-Aldrich/Merck (Darmstadt, Germany). MRS2179, MRS2279, MRS2500, and 2MeSADP were purchased from Tocris Bioscience (Bristol, UK) and luciferase substrates (coelenterazine 400a and h) from Interchim (Los Angeles,

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CA, USA). The Gq inhibitor (FR900359) was kindly supplied by Evi Kostenis (University of Bonn. Germany).

#### Cell culture and transfection

Human embryonic kidney HEK293T/17 cells (ATCC) were maintained in DMEM AQmedia (Sigma-Aldrich/Merck, Darmstadt, Germany) supplemented with 10% fetal bovine serum (Life technologies) and 100 units/mL penicillin and 100 µg/mL streptomycin at 37 °C in a humidified atmosphere containing 5%  $\rm CO_2$ . Twenty-four hours after cell splitting, transient transfections were performed using polyethylenimine (PEI, Polysciences Inc.) according to the manufacturer's instructions.

## Bioluminescence resonance energy transfer (BRET) measurements

G protein activation and β-arrestin 2 recruitment were performed as previously described [17, 21, 22]. Briefly, vectors encoding receptors, Gαq-RLuc8, GFP2-Gγ2, G $\beta$ 1, or  $\beta$ -arrestin 2 were transiently cotransfected into HEK293T/17 cells as indicated in the figure legends. Forty-eight hours after transfection, cells were washed and resuspended in PBS containing 0.1% (w/v) glucose at room temperature and then distributed (80 µg proteins/well) in a 96-well microplate (PerkinElmer). For G protein activation experiments (BRET<sup>2</sup>), cells were incubated in the absence (basal BRET signal) or in the presence of ligand for 1 minute. BRET signal between RLuc8 and GFP2 was measured after addition of the luciferase substrate coelenterazine 400a (5 μM). For β-arrestin 2 recruitment (BRET1), cells were stimulated with ligands for 5 or 15 min. BRET signal was recorded after incubation with coelenterazine h (5 µM) for 8 min. For kinetics studies, BRET signal between RLuc and Venus was recorded at 20-s intervals at basal state for the 2 first minutes and then for 5 min after ligand injection. For saturation curves (BRET<sup>1</sup>), the expression level of Venus- or RLuc-tagged protein was determined by direct measurement of total fluorescence and luminescence respectively. Total fluorescence was first measured with an excitation filter at 485 nm and an emission filter at 520 nm. Then, the same sample was incubated for 8 minutes with 5  $\mu M$ coelenterazine h and the total luminescence was measured. BRET<sup>2</sup> and BRET<sup>1</sup> readings were collected using a modified Infinite F500 (Tecan Group Ltd). The BRET<sup>2</sup> signal was calculated by the ratio of emission of GFP2 (510–540 nm) to RLuc8 (370–450 nm) and the BRET<sup>1</sup> signal by the ratio of emission of Venus (520–570 nm) to RLuc (370-480 nm). Sometimes, results are expressed as the Net BRET computed by deducting the BRET background signal (obtained in the presence of the energy donor alone) from the BRET signal (acquired from cells expressing both the energy donor and acceptor).

#### Quantification of cell surface receptors by ELISA

Cell surface receptor quantification was performed as previously described [17]. Briefly, HEK293T/17 cells were split into 24-well plates pre-coated with Poly-Dlysine, transiently transfected with a control empty vector (pcDNA3.1) or increasing amounts of vector encoding N-terminally Myc-tagged P2Y<sub>1</sub>-R or HA-tagged AT1-R. Forty-eight hours post-transfection, cells were fixed (1% paraformaldehyde), saturated (PBS-1% BSA) and incubated with the primary anti-Myc antibody (Clone 9E10. 1:500. Santa Cruz Biotechnology. Dallas, Texas, USA) or anti-HA (Clone 16B12. 1:2500. BioLegend. San Diego. California, USA) and then with HRP-labeled secondary antibody (Sigma-Aldrich/Merck. 1:1000. Darmstadt, Germany). After washing, cells were incubated for 15 min with HRP substrate: TMB (3,39,5,59-tetramethylbenzidine) (BD Biosciences). The reaction was stopped with HCl 1N, and the plates were read at 450 nm in a microplate reader (Infinite F500. Tecan Group Ltd. Männedorf, Switzerland).

#### Animals

Two-month-old C57BL/6JRccHsd male mice (Envigo) were used for experiments and housed in the Anexplo (Toulouse) vivarium according to institutional guidelines. Ethical approval for animal experiments was obtained from the French Ministry of Research in agreement with European Union guidelines. Mice were housed in conventional cages under specific pathogen-free conditions in a constant temperature (20–22 °C) and humidity (50–60%) animal room with a 12/12 h light/dark cycle and free access to food and water.

#### Washed murine platelets

Whole blood was drawn from the inferior vena cava of anesthetized mice (100 mg/kg ketamine, 10 mg/kg xylazine) into a syringe containing acid citrate dextrose (ACD) (1 volume anticoagulant/9 volumes blood). Platelet-rich plasma (PRP) was obtained by mixing blood with 1 volume of modified Hepes Tyrode's buffer (137 mM NaCl, 2 mM KCl, 12 mM NaHCO<sub>3</sub>, 0.3 mM NaH<sub>2</sub>PO<sub>4</sub>, 1 mM MgCl<sub>2</sub>, 2 mM CaCl<sub>2</sub>, 5.5 mM glucose, 5 mM HEPES, and 0.35% (w/v) BSA, pH 6.7) followed by a centrifugation at 150 g for 2 min at 37 °C. Then, platelets were pelleted by centrifugation at 1000 g for 4 min, resuspended in modified Hepes Tyrode's buffer (pH 7.4), adjusted to 3.108 platelets/mL in the presence of 0.02 U/mL of apyrase and 10 μM indomethacin and rested for 45 minutes at 37°C before platelet stimulation. PGI<sub>2</sub> (0.5 µM) was added before centrifugation steps to avoid platelet activation.

#### Washed human platelets

Human platelets were prepared from adult healthy volunteers free of antiplatelet or anti-inflammatory medication

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since at least ten days. After informed consent, venous blood was collected, anticoagulated with 0.105 M citrate, and centrifuged (180 g, 10 min, room temperature) to obtain platelet-rich plasma (PRP). After two steps of centrifugation and suspension in Tyrode's buffer (140 mM NaCl, 5 mM KCl, 5 mM KH $_2\mathrm{PO}_4$ , 1 mM MgSO $_4$  10 mM HEPES, 5 mM glucose and 0.35% (w/v) BSA, pH 6,7), washed platelets were suspended in the same buffer adjusted to pH 7.4 and containing 1 mM CaCl $_2$ . The final platelet suspension was adjusted to 3.108 platelets/mL and rested for 45 min in the presence of 0.02 U/mL apyrase and 10  $\mu$ M indomethacin at 37 °C prior experiments. PGI $_2$  (0.5  $\mu$ M) was added before centrifugation steps to avoid platelet activation.

#### IP1 accumulation assay

Quantification of intracellular IP1 was performed using the HTRF (Homogeneous Time Resolved Fluorescence) IP1 competitive immunoassay (IP-One Tb kit. Cisbio. France) according to the manufacturer's instructions. Briefly, 20,000 HEK293T/17 cells or 3.10<sup>6</sup> platelets were distributed in a 384-well white microplate (Greiner) and incubated with the indicated molecules for 30 min or 2 h at 37 °C in the presence of 50 mM of LiCl to prevent IP1 degradation. After addition of d2-labeled IP1 (acceptor) and anti-IP1-Cryptate (donor) for 1 h, the specific FRET signals were calculated by the fluorescence ratio of the acceptor and donor emission signal (665/620 nm) collected using a modified Infinite F500 (Tecan Group Ltd). Conversion of the HTRF ratio of each sample into IP1 concentrations was performed on the basis of a standard curve to determine the linear dynamic range of the assay.

#### Flow cytometry analysis

For platelet dense granule secretion, washed human platelets were stimulated with 50  $\mu$ M TRAP (10 min, 37 °C) and stained with conjugated anti-CD63 FITC-conjugated antibody (BD Biosciences reference 557288. 1:5) for 15 min at room temperature. The platelets were then diluted into 1 mL PBS and samples were then kept in the dark until analysis by flow cytometry. The results are expressed as median fluorescence intensity (MFI).

#### Data and statistical analysis

Statistical analysis was carried out using the GraphPad Prism 9.1 software (GraphPad Software Inc.). Statistical tests used are indicated in the figure legends. A *p* value < 0.05 was considered as significant.

#### Abbreviations

2MeSADP 2-Methylthioadenosine diphosphate

ADP Adenosine diphosphate

BRET Bioluminescence resonance energy transfer

cAMP Cyclic adenosine monophosphate GPCR G protein-coupled receptor

HTRF Homogeneous time resolved fluorescence

IP1 Inositol monophosphateIP3 Inositol triphosphatePLC Phospholipase C

TRAP Thrombin receptor activating peptide

#### **Supplementary Information**

The online version contains supplementary material available at https://doi.org/10.1186/s12915-023-01528-y.

**Additional file 1: Fig. S1.** Relative expression of Gaq protein probe. a-b-c. Relative expression of Gaq-RLuc8 probe was assessed by luminescence measurement in Fig. 1b-c (a), in Fig. 1d (b) and in Fig. 1e (c). Data represent the mean  $\pm$  s.e.m. of six (a) or five (b-c) independent experiments. (PPT 251 kb)

Additional file 2: Fig. S2. P2Y<sub>1</sub>-R constitutively activates Gq proteindependent signaling in HEK293T cells in the presence of high apyrase concentration. a. Basal Gaq protein activation was evaluated by measuring basal BRET signal in HEK293T cells co-expressing Gaq-RLuc8, GFP2-Gy2 and Gβ1 in the absence (pcDNA3.1) or in the presence of P2Y<sub>1</sub>-R after incubation or not with 0.2U/mL apyrase for 1, 5 or 10 minutes. Data represent the mean  $\pm$  s.e.m. of four independent experiments and statistical significance between cells expressing P2Y<sub>1</sub>-R or not was assessed using one-way ANOVA followed by Sidak's post-tests (\*\*\* p < 0.001). b. HEK293T cells expressing P2Y<sub>1</sub>-R, P2Y<sub>12</sub>-R or not (pcDNA3.1) were incubated in the presence of 0.2U/mL apyrase for 30 minutes or 2 hours and basal IP1 accumulation was quantified. Data represent the mean  $\pm$  s.e.m of five independent experiments and are expressed as the percentage of the control mean (pcDNA3.1) at 30 minutes. The statistical comparison was assessed using one-way ANOVA followed by Sidak's post-tests (\*p < 0.05; \*\*p < 0.01; ns, not statistically significant). (PPT 233 kb)

Additional file 3: Fig. S3. Relative receptor expression at the cell surface. a. HEK293T cells were transfected with increasing amounts of vectors encoding N-terminally Myc-tagged P2Y<sub>1</sub>-R (left panel) or HA-tagged AT1-R (right panel). Then, cell surface receptor expression was quantified. Data represent the mean  $\pm$  s.e.m. of six independent experiments and results are expressed as the optical density (OD<sub>450nm</sub>) value after subtracting the background value obtained in control cells transfected with an empty vector (pcDNA3.1). Statistical significance was assessed by comparing the values obtained with receptor expression to the background value using one-way ANOVA followed by Dunnett's post-tests (\*p < 0.05; \*\*p < 0.01; \*\*\*\*p < 0.001; \*\*\*\*\*p < 0.0001). b. HEK293T cells were transfected with N-terminally Myc-tagged P2Y<sub>1</sub>-R or P2Y<sub>12</sub>-R. Then, cell surface receptor expression was quantified. Data represent the mean  $\pm$  s.e.m. of six independent experiments and results are expressed as the optical density  $({\rm OD}_{\rm 450nm})$  value after subtracting the background value obtained in control cells transfected with an empty vector (pcDNA3.1). Statistical significance between receptor expressions was assessed using an unpaired t-test (\*\*p < 0.01). (PPT 225 kb)

Additional file 4: Fig. S4. P2Y<sub>1</sub>-R exhibits constitutive signaling in resting human platelets in the presence of high apyrase concentration. a. Washed human platelets were incubated in the presence of high concentration of apyrase (0.2U/mL) in the absence (basal) or in the presence of MRS2179 (10  $\mu$ M) for 30 minutes or 2 hours and IP1 accumulation was quantified. Data represent the mean  $\pm$  s.e.m. of 4 healthy donors and are expressed as the percentage of basal mean at 30 minutes. The statistical comparison between untreated (basal) and treated (MRS2179) platelets was assessed using one-way ANOVA followed by Sidak's post-tests (\*p < 0.05; \*\*\*p < 0.001). b. Secretion of platelet dense granules was assessed by flow cytometry using selective anti-CD63 antibody. Washed human platelets were analyzed either in resting conditions (basal) or following 10 minutes stimulation by TRAP (50  $\mu$ M). Results are expressed as median fluorescence intensity (MFI) and data represent the mean  $\pm$  s.e.m. of 4 healthy donors. Statistical analysis was performed using a paired t-test (\*\*p < 0.01). (PPT 170 kb)

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Additional file 5: Fig. S5. P2Y<sub>1</sub>-R constitutively associates with β-arrestin 2 in the presence of high apyrase concentration. Basal BRET signal was evaluated in HEK293T cells expressing β-arrestin 2-RLuc alone (pcDNA3.1) or together with P2Y<sub>1</sub>-R-Venus or P2Y<sub>12</sub>-R-Venus in the presence or not of 0.2U/mL apyrase. Data represent the mean  $\pm$  s.e.m. of four independent experiments and statistical significance between cells expressing receptors or not was assessed using one-way ANOVA followed by Sidak's post-tests (\*\*\*p < 0.001; ns, not statistically significant). (PPT 133 kb)

**Additional file 6: Fig. S6.** Decreasing P2Y<sub>1</sub>-R cell surface expression unveils agonist-mediated β-arrestin 2 recruitment. a. Relative expression of β-arrestin 2-RLuc probe was assessed by luminescence measurement. Data represent the mean  $\pm$  s.e.m. of five independent experiments b. Basal BRET signal was evaluated in HEK293T cells expressing β-arrestin 2-RLuc and decreasing amounts of vectors encoding of P2Y<sub>1</sub>-R-Venus. Data represent the mean  $\pm$  s.e.m. of five independent experiments. c. β-arrestin 2 recruitment was evaluated by monitoring BRET signal in HEK293T cells co-expressing β-arrestin 2-RLuc and decreasing amounts of vectors encoding P2Y<sub>1</sub>-R-Venus after stimulation or not with 2MeSADP (10 μM) for 15 minutes. Results are expressed as the difference in the BRET signal measured in the presence and in the absence of ligand. Data represent the mean  $\pm$  s.e.m. of five independent experiments. Statistical significance between unstimulated and stimulated cells was assessed using a paired t-test (\*\*p < 0.01; ns, not statistically significant).

**Additional file 7.** Source data for Figs 1-4. **Additional file 8.** Source data for Figs S1-S6.

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#### Authors' contributions

AR, CG1, MPG, CG2, and VP designed and performed most of the experiments, analyzed, and interpreted data. LOM, EK, BP, CG2, and JMS corrected the manuscript. CG2 and VP conceived and supervised the project. VP wrote the manuscript. All authors read and approved the final manuscript.

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#### Availability of data and materials

All data generated and analyzed in this study are included in the supplementary information files of this published article. Source data for the main and supplementary figures is documented in Additional files 7-8.

#### **Declarations**

#### Ethics approval and consent to participate

This study was performed in line with the principles of the Declaration of Helsinki. Healthy donors were recruited under a protocol approved by the Toulouse Hospital Bio-Resources biobank, declared to the Ministry of Higher Education and Research (DC2016-2804). Blood was processed following hospital guidelines.

All procedures in animals were performed in accordance with institutional guidelines for animal research and were approved by the French Ministry of Research in agreement with European Union guidelines.

Informed consent was obtained from all individual participants included in the study.

#### Consent for publication

Not applicable.

#### Competing interests

The authors declare that they have no competing interests.

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